

2. A poster of stress reduction tips and suggestions for dealing with speech anxiety.
3. A cassette or videotape of you practicing your speech, with a short note describing what you noticed when you listened to the tape.

#### CLASS H – COMMUNICATIONS

##### Item No.

1. A photo exhibit, scrapbook or collage about the things you discovered from a person you interviewed.
2. An exhibit including photos and any other items you've gathered that relate to the project.
3. A report, essay or computer document about a person you interviewed.
4. A poster or collage that illustrates things families can do together instead of watching television.
5. A scrapbook or notebook about books people in the family have read and talked about together.
6. A family scrapbook of special events; birthday book; holiday book; or any other family journal that was created by two or more family members.

#### CREATIVE WRITING

Write your grade on exhibitor card.

#### CLASS I – CREATIVE WRITING – Grades 3-6

#### CLASS J – CREATIVE WRITING – Grades 7-13

##### Item No.

1. A hand written "common place book" (May be kept from year to year.)
2. A scrapbook or notebook of original poetry including at least one of the following: "found poem," nature poem, cinquaine, "telephone or vertical poem," or any other original poem.
3. A poster about proper e-mail etiquette.
4. A personal essay about why you keep a journal or diary. (Note: journals and diaries should not be entered in the fair.)
5. A handmade "few kind words book."
6. An original book review about a book. (This is different than a book report.)
7. An original cover illustration for a book.
8. A poster or display illustrating your top 10 favorite books ever read.
9. A collection of at least 10 original vertical poems.
10. Any other piece of original creative writing – poem
11. Any other piece of original creative writing – short story (Note intended audience.)
12. Any other piece of original creative writing – essay
13. Any other piece of original creative writing – drama – play, play reading, skit
14. Any other piece of original creative writing – descriptive paragraph
15. Comparative writing – informative versus creative writing, Use any form of writing to explain the difference between the two.
16. Original short story beginning with the phrase "What time is it?" "Nearly half-past three.." "What time did the train get in?" "Three o'clock.." Alan said excitedly "They'll be here any minute now!" Limit to 2 typed pages at least 12 point font.
17. An original "Letter to the Editor" (indicate when sent)
18. Record of your Creative Writing Project.
19. Any other piece of creative writing not listed.

A scrapbook or notebook of original poetry including at least one of the following: "found poem," nature poem, cinquaine, "telephone or vertical poem," or any other original poem.

20. A poster about proper e-mail etiquette.
21. A personal essay about why you keep a journal or diary. (Note: journals and diaries should not be entered in the fair.)
22. A handmade "few kind words book."
23. An original book review about a book. (This is different than a book report.)

24. An original cover illustration for a book.
25. A poster or display illustrating your top 10 favorite books ever read.
26. A collection of at least 10 original vertical poems.
27. Any other piece of original creative writing – poem
28. Any other piece of original creative writing – short story (Note intended audience.)
29. Any other piece of original creative writing – essay
30. Any other piece of original creative writing – drama – play, play reading, skit
31. Any other piece of original creative writing – descriptive paragraph
32. Comparative writing – informative versus creative writing, Use any form of writing to explain the difference between the two.
33. Original short story beginning with the phrase "What time is it?" "Nearly half-past three.." "What time did the train get in?" "Three o'clock.." Alan said excitedly "They'll be here any minute now!" Limit to 2 typed pages at least 12 point font.
34. An original "Letter to the Editor" (indicate when sent)
35. Record of your Creative Writing Project.
36. Any other piece of creative writing not listed.

## DEPARTMENT 32 JUNIOR PROJECT BOOTHS



Superintendent – Jackie Thingvold

Specifications for the booth size and dimensions are in a separate file on the La Crosse Interstate Fair website.

[http://lacrosseinterstatefair.com/exhibitor\\_handbook](http://lacrosseinterstatefair.com/exhibitor_handbook)

Below are notes for entering a fair booth.

1. Groups/Clubs requesting a booth should send an email to Marla at: [lacrosseinterstatefair@yahoo.com](mailto:lacrosseinterstatefair@yahoo.com) or [stellomj@hotmail.com](mailto:stellomj@hotmail.com) There is no need to enter the booth on a fair entry form.
2. Electricity usage is not allowed.
3. Booths must be the representative work of the group/club members. Exhibits in the booth must be made or put together by youth. An adult can act in an advisory capacity only.
4. Booths are not to be painted and all staples must be removed when taking the booth down.
5. Booths must be assembled by 5:30 PM on Wednesday
6. A representative should be present to answer judge questions when the booths are judged on Wednesday evening. See judging schedule for judging time.

#### Premiums:

1st \$16.00 2nd \$14.00 3rd \$12.00 4th \$10.00

#### CLASS A – Group/Club Booth

##### Item No.

1. Booth – THEME: "Fair Friends and Fun...All Free in 2023" Focus should be on recruitment for your group.



**BOOTH EXHIBIT SCORE CARD**

The booth exhibit:

	Possible Points	Club Points
1. Effective message (caption or title sign): Short, catchy, appropriate, well worded to cover subject and suggest action when appropriate.	15	_____
2. Draws attention: An attention getter that reinforces the main idea. Something unusual-motion, light, design, and/or color	20	_____
3. Holds attention: Tells a coherent, clear cut, one-idea message quickly. Arouses curiosity about the subject. Has systematic arrangement, easy to follow to tell a story. An attendant to answer questions.	25	_____
4. Sells theme: Appeals to such motives as desire and need for profit, health, comfort, convenience, recreation, and the saving of time and energy.	15	_____
5. Present pleasing appearance:	15	_____
6. Uses explanatory material effectively: Material brief and easy to read. Size of charts, maps, placecards, and letters adequate. Group/ Club name must be displayed	10	_____
TOTAL POINTS	100	_____

15. Art and Communication topic
16. Family, Home & Health topic
17. Mechanical Sciences topic
18. Natural Resources & Environmental Education topic
19. Plant & Soil Sciences topic
20. Service Learning & Citizenship topic
21. S.T.E.M. (Science, Technology, Engineering & Math) topic

**Self Determined Note –**

Judging is on a first come, first serve basis with a sign-up sheet beginning at 6:00 p.m. Wednesday evening at the Arts & Crafts area.

Judging of all displays and/or exhibits will be judged face to face on Wednesday at 7:30 p.m. following the collections judging in the New Youth Building. Bring your self determined display and/or exhibit at this time. Members not present at judging time will not be judged.

A photo and a brief description of your self determined project should be on poster board (no larger than 11"x14"). Your final project will not be displayed. Only the picture and description will be left for display at the fair.

**DEPARTMENT 34  
JUNIOR HEALTH and CITIZENSHIP**

Superintendent – Cathy Dresen

All posters must be 14"x 22"

**Premiums:**

**1st \$2.00 2nd \$1.75 3rd \$1.50 4th \$1.25**

**CLASS A – HEALTH 1– FIRST AID IN ACTION**

**Item No.**

1. Assemble a family first aid kit
2. Poster on first aid steps for cuts and scrapes
3. Poster on how to properly perform the Heimlich maneuver
4. Design a brochure about when to wear goggles to protect your eyes
5. Design a brochure on first aid steps for nosebleeds
6. Illustrated book of poisonous poisons
7. A written fire escape for your home
8. Set of first aid cards

**CLASS B – HEALTH 2– STAYING HEALTHY**

**Item No.**

1. Write an assessment of the information that you learned when you completed the "Health Smarts" self-assessment
2. Poster on tools to clean my teeth, hair, nails and skin
3. Assemble a book of healthy snack recipes
4. Poster on proper food portion sizes
5. Display of smart choices for a healthy breakfast
6. Scrapbook of photos of youth in different sports
7. Personal physical activity inventory for a month or more

**CLASS C – HEALTH 3– KEEPING FIT**

**Item No.**


1. Develop a "Fitness Feedback" questionnaire and summarize the "Fitness Feedback" interviews
2. Poster on nutrient-rich foods
3. Research and report on 5 different product health claims
4. Book of proper warm-up and cool-down routines to use when exercising
5. Design a brochure for "Staying Injury Free"
6. Develop a personal fitness plan and keep a log of the steps taken to achieve that plan'
7. Design a brochure for an elementary sports team

**CLASS E – CLUB ACTIVITIES**

**Item No.**

1. Scrapbook of a club's activities (safety, beautification, recreation, softball, community service etc.)

**DEPARTMENT 33  
JUNIOR SELF DETERMINED  
PROJECTS and YOUTH LEADERSHIP**



**YOUTH LEADERSHIP EXHIBITS**

Superintendent: Cathy Dresen

**Premiums:**

**1st \$3.00 2nd \$2.75 3rd \$2.50 4th \$2.25**

**CLASS A – Open to anyone in grades 7 and under**

**CLASS B – Open to anyone in grades 8 and over**

All posters must be 14"x22"

**Item No.**

1. Poster designed to recruit 4-H members
2. Poster designed for a specific project meeting to teach a 4-H project
3. A planning and written outline for 4 project meetings in a selected project
4. Poster on Youth Leadership Nomination
5. A plan for organizing a community service project
6. A plan for organizing a club event/activity
7. A record of your club office for the past year
8. A plan and evaluation of something you led
9. A record of your youth leadership project
10. A poster on setting your goals and how to meet them
11. A poster on brainstorming / decision making process
12. A poster on the qualities of a good leader
13. A poster of conflict resolution guidelines

**SELF DETERMINED EXHIBITS (judged face-to-face, see notes)**

Superintendent: Jackie Thingvold

**Item No.**

14. Animal Science topic